

## Projects: Compassion in Action

**“To meet the challenge of our times, human beings will have to develop a greater sense of universal responsibility. Each of us must learn to work not just for his or her own self, family or nation, but for the benefit of all.”**

*—His Holiness the XIV Dalai Lama*

FPMT preserves and sustains the Tibetan Mahayana tradition by offering three nourishing meals a day to the monks of Sera Je Monastery and caring for the great lineage masters. We help re-establish Buddhism and provide social services in Mongolia. We bring free eye care to the people of Eastern Tibet. As pioneers in the transmission of the Dharma to the West, we are helping establish the Western monastic tradition, supporting those in retreat, and educating the teachers of tomorrow. Through our projects, FPMT reaches out to the world with compassionate action.

The Foundation for the Preservation of the Mahayana Tradition (FPMT) is a dynamic worldwide organization devoted to education and public service. Established by Lama Thubten Yeshe and Lama Zopa Rinpoche, FPMT touches the lives of beings all over the world. In the early 1970s, young Westerners inspired by the intelligence and practicality of the Buddhist approach made contact with these lamas in Nepal and the organization was born. Now encompassing 150 Dharma centers, projects, social services, and publishing houses in thirty-three countries, we continue to bring the enlightened message of compassion, wisdom, and peace to the world. We invite you to join us in our work to develop compassion around the world!

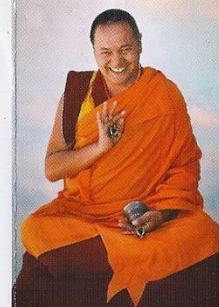
## Connect with the FPMT Family!

There are many ways to connect with the FPMT family. We encourage you to visit your local FPMT center or project. Another way to connect is through Foundation Membership, which brings you Mandala magazine, a discount at the online Foundation Store, and many other benefits. Through Foundation Membership, you support our ability to be of increasing benefit to the world.

### Foundation for the Preservation of the Mahayana Tradition

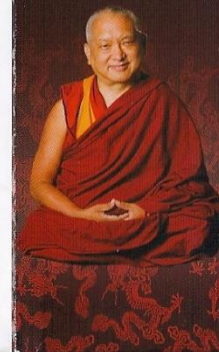
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FOUNDATION  
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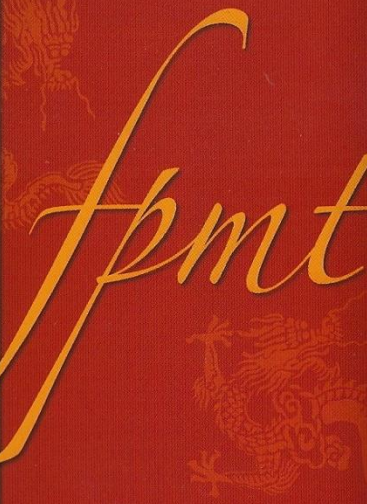
Founders:  
Lama Thubten Yeshe  
Lama Zopa Rinpoche



**“This organization is for all sentient beings. Its main aim is to help Dharma knowledge-wisdom to develop in the human consciousness.**

**That is its only reason to exist.”**

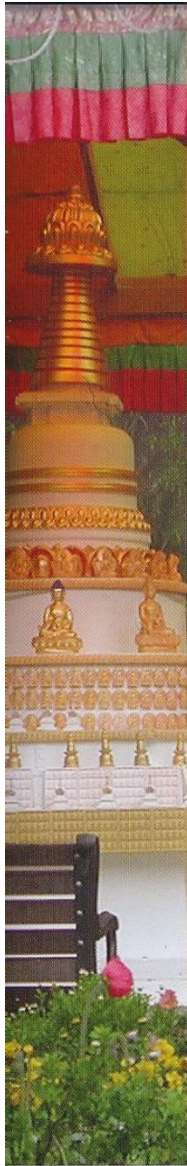
*— Lama Thubten Yeshe*



**“Live with compassion.  
Work with compassion.  
Die with compassion.  
Meditate with compassion.  
Enjoy with compassion.**

**When problems come,  
experience them with compassion.”**

*— Lama Zopa Rinpoche*



## Dharma Centers and Service: Bringing Peace to the World

“Each center which teaches how to develop compassion step-by-step makes a contribution to world peace every day.”

—Lama Zopa Rinpoche

Every day, the Dharma centers of FPMT guide students on the path to true peace and happiness, showing the way to liberation and enlightenment. Our centers offer classes in the Buddha’s teachings, a safe haven in which to develop the good heart, guidance from qualified teachers, and the support of a community. Our monasteries offer monks and nuns a place to study and practice, and our publishing houses bring the Buddhist teachings to thousands. We offer hospice services to those in need, education to children, support for people in prison, and our secular organizations reach broader society in a multitude of ways.



## Education: Passing on the Wisdom

“This is an incredibly wonderful gift – your organization, the Buddhist teachings, and the teachers who transmit the wisdom.”

—Discovering Buddhism student

FPMT offers a wide range of study programs to meet the needs of beginners to the most advanced practitioners. From beginning meditation programs and introductory courses to the great philosophical texts, our Dharma centers and homestudy programs provide everything needed to learn, practice, and realize the Buddha’s teachings. Our prayer books and practice materials aid practitioners at every stage of the path, while our translation teams work to bring ancient texts and modern wisdom to students around the world.



## FPMT International Office: Service and Support

“When we started establishing centers there was no overall plan – they just popped up randomly like mushrooms. Now that they do exist, we have to facilitate their development in a constructive, clean-clear way.”

—Lama Thubten Yeshe

Lama Zopa Rinpoche’s FPMT International Office nourishes the development of FPMT Dharma centers and projects. From International Office, education programs, Mandala magazine, and practice and organizational materials reach students all over the world. Lama Zopa Rinpoche’s advice and news reach the FPMT family through e-newsheets and personal communication. International Office provides the structures to help centers and projects actualize our teachers’ vast visions.